



TOUCHER

QUEENSTOWN BOWLING CLUB NEWSLETTER.

January 2015

www.bowlsqueenstown.co.nz

Editor - Debra Lloyd

Visualising the Perfect Shot.

What is meant by visualisation? It means "to see". To imagine that you have played the perfect shot or executed the ideal delivery. This 'seeing' is part of the mechanism that your unconscious mind uses to make minute adjustments to your physical performance. These corrections are too small for the body muscle group to deal with as conscious instructions. eg you have just delivered a bowl that comes to rest 300 mm .short of the jack , you skip my applaud you ,how will you correct to even a better bowl ?. The answer is do nothing physical whatsoever The answer is to assign the necessary correction to the unconscious mind .You could say to yourself 'I am a little short ,play the same bowl. This is the moment to visualise the perfect bowl !!

Good bowling members!!

President. Colin C

COACHING CORNER - EVERY MONDAY AT 1PM IS COACHING WITH TERRY. BUT IF YOU NEED ANY EXTRA COACHING OR YOU ARE UNABLE TO MAKE THIS TIME THEN PLEASE APPROACH ANY OF THE COACHES – TERRY, THOMO OR MARGARET AND THE NEWLY CROWNED NEIL BUCHANAN, I AM SURE THEY CAN ASSIST YOU.

Greens report.

We have stretched the mat in front of the clubhouse, and are changing the rink positions regularly. The club has purchased new mats that are to be stored on the pegs provided in the bowls room. When marking the greens please be lenient with the chalk. Happy bowling
Cheers John King

HOUSE REPORT

Can all members please make themselves aware of the fire evacuation procedures and where to go. If in doubt please ask myself or John King

Cheers Wayne Dowman

Treasurers Tweet.

Just to let you know what a wonderful financial season we have had so far. Thanks to the hard work of everyone that has been involved in the functions and taking care of all our casual bowlers the profits are up big time, so we can now purchase 10 new sets of Vector VS bowls. Also an Inline water chiller is being plumbed in this week so no more weight lifting filling up the water bottle.

New BBQ, with gas supply plumber direct. New mats and extra new chairs to replace the last of the wood chairs that we hopefully will sell. SO how much did we make I hear you ask, well the profit compared to the same period last year is an increase of over \$25k. Well done!

A few snippets from the last meeting:-

We are looking at getting new club tops.

Looking at sun shades for the end of the green.

The \$50 lucky draw was discussed but decided NOT to continue as money saved benefited the members in other ways. i.e \$1,000 plus towards Christmas Function.

FOR SALE – SIZE 4 BLACK VECTOR VS BOWLS AND BAG \$300

PLEASE SEE MAURICE KEITH OR DEBS.

ON THE LIGHTER SIDE.....

This morning I was in luck and was able to buy two boxes of Speights cheap at the local supermarket.

I placed the boxes on the front seat and headed back home. I stopped at a service station where a drop-dead gorgeous blonde in a short skirt was filling up her car at the next pump.

She glanced at the two boxes of Speights, bent over and leaned in my passenger window, and said in a sexy voice, "I'm a big believer in barter, old fella. Would you be interested in trading sex for beer?"

I thought for a few seconds and asked,

"What kind of beer 'ya got?"
